



GREAT CIRCLE WELLNESS PROGRAM

Great Circle recognizes the relationship between student well-being and student achievement as well as the importance of a comprehensive agency wellness program. Therefore, the agency will provide developmentally appropriate and sequential nutrition and physical education and opportunities for physical activity. The wellness program will be implemented in a multidisciplinary fashion and will be evidence-based.

Wellness Committee

Great Circle will establish a wellness committee that consists of at least one employee, student, nurse or other school health professional, physical education teacher, school food service representative, Board member, school administrator, member of the public, or other community members as appropriate. If available, a qualified, credentialed nutrition professional will also be a member of the wellness committee.

Wellness Program Coordinators

Great Circle designates the following individual(s) as wellness program coordinator(s): Vice President of Education. Only employees of the organization who are members of the wellness committee may serve as wellness program coordinators. Wellness coordinators, in consultation with the wellness committee, will be in charge of implementation and evaluation of this policy.

Wellness program coordinators are responsible for ensuring that each school in the agency is in compliance with this policy.

Nutrition Guidelines

It is the policy of Great Circle that all foods and beverages provided to or available to students during the school day will meet or exceed the Smart Snacks nutrition standards established by the U.S. Department of Agriculture (USDA) for beverages provided or made available to students for celebrations, classroom parties and birthdays, regardless of the source of the food. Great Circle will maintain a list of foods and beverages that meet the Smart Snacks nutrition standards and a list of healthy party ideas, including non-food celebration ideas.

Nutrition Promotion and Education

The district will provide nutrition education aligned with Missouri's state standards for Health and Physical Education in all grade levels. In addition, the district will disseminate nutrition messages and other nutrition-related materials received from the USDA to students, staff and the community through a variety of media and methods. The wellness program coordinators, in consultation with the wellness committee, will develop procedures that address nutrition education and promotion.

Marketing and Advertising

Marketing in district facilities will be consistent with the goals of the district's wellness program and comply with Board policy. The district will strive to promote the wellness program and education parents/guardians regarding the quality of district foods.

Food and beverage marketing will be limited to the promotion of foods and beverages that meet the Smart Snacks nutrition standards. Other examples include, but are not limited to, pricing strategies that promote health food choices and audiovisual programming.

Physical Activity and Education

The district will provide physical education and opportunities for physical activity in accordance with state requirements that align to Missouri's state standards for Health and Physical Education in all grade levels. The wellness program coordinators, in consultation with the wellness committee, will develop procedures that address physical education and physical activity.

Other School-Based Activities

The wellness program coordinators, in consultation with the wellness committee, are charged with developing procedures addressing other school-based activities to promote wellness.

Evaluation

The wellness committee will assess all education curricula and materials pertaining to wellness for accuracy, completeness, balance and consistency with the state's and agency's education goals and standards. Wellness program coordinators shall be responsible for devising a plan for implementation and evaluation of the agency wellness policy and are charged with operational responsibility for ensuring that schools meet the goals of the agency wellness policy. Wellness program coordinators will periodically review the content and implementation of the wellness program and make recommendations for modifications to this policy as appropriate. This policy will be made available to the public on the district's website or by other appropriate means.

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Revised: December 14, 2018

Cross Refs: DJF, Purchasing
EF, Food Service Management
EFB, Free and Reduced-Price Food Service
GCL, Professional Staff Development Opportunities
GDL, Support Staff Development Opportunities
IGAEA, Teaching about Drugs, Alcohol and Tobacco
IGBC, Parent/Family Involvement in Instructional and Other Programs
GDF, Student Fundraising
JHCF, Student Allergy Prevention and Response
KI, Public Solicitations/Advertising in District Facilities

Legal Refs: ' ' 167.720, 610.010 - .030, RSMo.
The Richard B. Russell National School Lunch Act, 42 U.S.C. ' ' 1751 - 1760
National School Lunch Program, 7 C.F.R. Part 210