INTENSIVE OUTPATIENT THERAPY & YOUR CHILD: Why Great Circle?
Your child has been referred to our IOP. First, let’s unpack the term. IOP stands for Intensive Outpatient Program. That’s a formal name to describe a therapeutic program to help kids 6 – 20 with behavioral health concerns.

It can be helpful to think of IOP as a bridge. Your child may have been stepped up to IOP to help prevent a more intensive level of care (such as hospitalization or residential treatment). Or, your child may need assistance stepping down from hospitalization or residential treatment. Either way, we’re eager to get to know you, your child, your family and your unique family circumstances.

Here’s a little bit about us:
While we’re proud to be Missouri’s most comprehensive provider of behavioral health services, what we really want you to know is we’re passionately focused on helping kids and families find strength in times of need. It is the one and only reason why we exist. With more than 40 programs, Great Circle is in it for the long haul. We’ve more than doubled our program outreach and tripled our service footprint in a very short time. And we’re on track to touch the lives of more than 40,000 children and families in 2019.

Why? Because you’re not alone. There is a vast need for behavioral health services for kids and families. And because helping kids and families become stronger is the only thing we want to do – and do well.

Here are 10 ways our IOP program will best serve your child and you:

1. You will immediately find a welcoming environment guided by Great Circle’s unique Model of Care. Helping kids and families is our business, and we take our precious business seriously.
2. We are uniquely equipped to serve younger children, ages 6 – 12, as well as youth ages 13 – 20.
3. We provide specialized tracks for children who have been adopted or are in foster care and youth who struggle with self-harm or substance use.
4. We tailor treatment plans to meet the specific needs of your child and family circumstances. Our belief is that every family is different, and individualized attention is vital to success.
5. As we work with your child and through all aspects of our program, we will actively seek and encourage participation of you and your whole family.
6. Our clinicians will be happy to discuss the evidence-based modalities used in our program. We are highly dedicated to providing the most effective treatment possible.
7. Our care team will invest in getting to know your child and, by doing so, can help them discover their unique strengths and capabilities to deal with difficult circumstances and challenging situations.
8. Discharge planning starts on day one. By this we mean our commitment is to help you and your child build a vision and plan for success after treatment.
9. When discharge day arrives, our care team will work with you to ensure a smooth transition with your family and your child’s community (such as school, therapist, psychiatrist).
10. Should you desire, Great Circle can continue offering services to you and your family through individual or family counseling with one of our Community Counseling Centers across the state. We are just as committed to success after discharge as you are!