



GREAT CIRCLE WELLNESS PROGRAM

Great Circle recognizes the relationship between student well-being and student achievement as well as the importance of a comprehensive agency wellness program. Therefore, the agency will provide developmentally appropriate and sequential nutrition and physical education and opportunities for physical activity. The wellness program will be implemented in a multidisciplinary fashion and will be evidence-based.

Wellness Committee

Great Circle will establish a wellness committee that consists of at least one employee, student, nurse or other school health professional, physical education teacher, school food service representative, Board member, school administrator, member of the public, or other community members as appropriate. If available, a qualified, credentialed nutrition professional will also be a member of the wellness committee.

Wellness Program Coordinators

Great Circle designates the following individual(s) as wellness program coordinator(s): Vice President of Education. Only employees of the organization who are members of the wellness committee may serve as wellness program coordinators. Wellness coordinators, in consultation with the wellness committee, will be in charge of implementation and evaluation of this policy.

Wellness program coordinators are responsible for ensuring that each school in the agency is in compliance with this policy.

Nutrition Guidelines

It is the policy of Great Circle that all foods and beverages provided to students during the school day on any property under the jurisdiction of the district will meet the nutrition standards established by the U.S. Department of Agriculture (USDA). These nutrition standards apply to all food and beverages sold to students, including those sold in vending machines, school stores and through district-sponsored fundraisers (if applicable), unless an exemption applies.

Nutrition Promotion and Education

The district will provide nutrition education aligned with Missouri’s state standards for Health and Physical Education in all grade levels. In addition, the district will disseminate nutrition messages and other nutrition-related materials received from the USDA to students, staff and the community through a variety of media and methods. The wellness program coordinators, in consultation with the wellness committee, will develop procedures that address nutrition education and promotion.

Physical Activity and Education

The district will provide physical education and opportunities for physical activity in accordance with state requirements that align to Missouri’s state standards for Health and Physical Education in all grade levels. The wellness program coordinators, in consultation with the wellness committee, will develop procedures that address physical education and physical activity.

Other School-Based Activities

The wellness program coordinators, in consultation with the wellness committee, are charged with developing procedures addressing other school-based activities to promote wellness.

Evaluation

The wellness committee will assess all education curricula and materials pertaining to wellness for accuracy, completeness, balance and consistency with the state's and agency's education goals and standards. Wellness program coordinators shall be responsible for devising a plan for implementation and evaluation of the agency wellness policy and are charged with operational responsibility for ensuring that schools meet the goals of the agency wellness policy. Wellness program coordinators will periodically review the content and implementation of the wellness program and make recommendations for modifications to this policy as appropriate. This policy will be made available to the public on the district's website or by other appropriate means.

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Revised: March 30, 2017

- Cross Refs: DJF, Purchasing
- EF, Food Service Management
- EFB, Free and Reduced-Price Food Service
- GCL, Professional Staff Development Opportunities
- GDL, Support Staff Development Opportunities
- IGAEA, Teaching about Drugs, Alcohol and Tobacco
- IGBC, Parent/Family Involvement in Instructional and Other Programs
- IGDF, Student Fundraising
- JHCF, Student Allergy Prevention and Response
- KI, Public Solicitations/Advertising in District Facilities

- Legal Refs: ' ' 167.720, 610.010 - .030, RSMo.
- The Richard B. Russell National School Lunch Act, 42 U.S.C. ' ' 1751 - 1760
- National School Lunch Program, 7 C.F.R. Part 210